



EARLY BIRD JUNIOR HIGH TIGER RELAYS

WORTH COUNTY HIGH SCHOOL, GRANT CITY, MO
TUESDAY, APRIL 1, 2025

3:30 PM COACHES' MEETING

All teams please be present at 3:30, this meeting will be for scratches only, no substitutions or additions.

FIELD EVENTS

3:45 PM Shot Put- Girls followed by Boys (cement surface)
Discus- Boys followed by Girls (cement surface)
High Jump- Boys followed by Girls (all-weather surface)
Pole Vault- Girls followed by Boys (all-weather runway)
Triple Jump- Girls followed by Boys (all-weather runway)
Long Jump- Boys followed by Girls (all-weather runway)

TRACK EVENTS

(All events are girls followed by boys.)

Approx. 5:00	100m Hurdles	Finals
	100 m Dash	Finals
	4x200 Relay	Finals
	1600 m Run	Finals
	4x100 Relay	Finals
	400m Dash	Finals
	800m Run	Finals
	200m Dash	Finals
	4x400 Relay	Finals

PARTICIPATING SCHOOLS

Albany, East Harrison, King City, Mercer, North Andrew, North Harrison, North Nodaway, Northeast Nodaway, Platte Valley, Princeton, Gilman City, Stanberry, South Harrison, Tri-County, Nodaway Valley, Union Star, Worth County

***WE WOULD LIKE FOR ONLY ATHELETES AND WORKERS TO BE INSIDE THE FENCE. PARENTS & COACHES PLEASE WATCH FROM THE STANDS OR OUTSIDE OF THE FENCE. Thanks for helping stop confusion and assisting in keeping the track meet running smoothly!**